City of Garfield Heights: Return to the Ice Policies

Please note: The information contained within this action plan is not intended to be a substitute for professional medical advice, diagnosis, or treatment. The knowledge and circumstances surrounding COVID-19 are changing constantly and, as such, the City of Garfield Heights, makes no representation and assumes no responsibility for the accuracy or completeness of this information (as noted in the USA Hockey Programming Considerations p.13). The City of Garfield Heights will continue to follow the guidance of USA Hockey and US Rink Association Guide to Rink Reopening (to include SafeSport), the Center for Disease Control and Prevention, as well as, state and City of Garfield Hts. guidelines and recommendations and amend our action plan to conform to said guidelines and recommendations. By participating in programming at the Dan Kostel Recreation Center, players and parents/guardians knowingly and freely assume the risk associated with communicable diseases or illnesses and hereby release and hold harmless the City of Garfield Heights for any condition, sickness, or death.

Coaches:

- Anyone with a risk factor or illness should not attend in-person training and ice session.
- Anyone (parent/guardian/adult, player, or coach) with any symptoms or signs of illness are strictly advised not to enter the premises and seek medical assistance.
- Coaches will wear masks on and off the ice, while in the building.
- We will be enforcing social distancing of 6 feet on and off the ice.
- Practices will be designed to have players and coaches spread out among players and coaches while utilizing non-contract drills at this time (subject to change).
- Coaches and/or Hockey Coordinator (If present) will be responsible for requiring players exhibiting signs and symptoms of sickness to exit practice.
- Coaches will utilize Zoom or other similar platform to hold chalk talk sessions in order to minimize players congregating together.
Parent/Guardian/Adults:

- Anyone with a risk factor or illness should not attend in-person training and ice session.
- Anyone (parent/guardian/adult, player, or coach) with any symptoms or signs of illness are strictly advised not to enter the premises and seek medical assistance.
- We will ask that only one parent/guardian/adult accompany the player to the rink and that adult is to wear a mask while in the building and practice social distancing mask.

Players:

- Anyone with a risk factor or illness should not attend in-person training and ice session.
- Anyone (parent/guardian/adult, player, or coach) with any symptoms or signs of illness are strictly advised not to enter the premises and seek medical assistance.
- Any player exhibiting signs or symptoms of an illness will be required to leave practice by a coach and/or Hockey Director (if present).
- All players will be required to bring their own labeled water bottles - there will be no sharing of water bottles. (Vending machines and water fountain will be turned off)
- We will ask that players (minus goalies) come to the rink dressed in full equipment with a mask no more than 10 minutes before the start of practice.
- Goalies will be the only players for 14U, 12U, 10U, and 8U that will be permitted to use the locker rooms at this time.
- Goalies should arrive to rink with enough time to put on gear, but no more than 15 minutes before practice.
- Masks will be removed when the player is wearing his/her helmet.
- We would like to use the lobby area for players to put on skates if needed, but suggest they arrive to the rink with their skates on

On and off ice procedures:

- Doors leading to the rink will be propped open to allow for a no-touch experience, please do not close these doors
- Ice Rink doors will be closed during practices/games and we will disinfect between teams
- Kids will be processed on and off the ice while social distancing in a staggered manner.
• Once prior team has been taken off the ice, they will utilize pull out bleachers to remove skates/put on Skaboos/skate guards while socially distancing.
• Players and parent/guardian/adult will exit the building immediately after their practice/game
• Once group has exited, next team will be processed onto the ice.
• Players will be asked to disinfect equipment following every use.
• Showers will NOT be available to any player.
• No high fives, no spitting, no group hugs, no hand shakes – 6’ social distance at all times
• Masks are mandatory to enter the building – No Mask, No Entry, No Exceptions
• All guidelines are subject to change per Government mandates, etc.

Vic Collova, Mayor