

GUIDE TO AQUATICS ACTIVITIES



POOL OPENS – MONDAY – JUNE 14, 2010

Children 13 years of age or younger must be accompanied by an adult or an older responsible person who is 14 years of age or older. Chaperones ages 14-16 years of age are only allowed to oversee one (1) swimmer 13 and under.

Please Note: Only adult residents may bring in a guest (\$6.00 fee required) The resident must accompany the guest at the pool at all times. At the discretion of the Parks & Recreation Department, the pool will close due to inclement weather.

Swimming Pool Hours:

Monday through Friday 1:00 - 7:00 p.m.
Saturday, Sunday 1:00 - 7:00 p.m.

Learn to Swim Classes

(must be at least 5 years old on June 20, 2010):

<u>SESSIONS</u>	<u>SIGN UP DEADLINE</u>
JUNE 21 – JULY 1	JUNE 18 5:00 p.m.
JULY 6 – JULY 15	JULY 2 - 5:00 p.m.
JULY 19 – JULY 29	JULY 16- 5:00 p.m.
AUGUST 2 – AUGUST 12	JULY 30- 5:00 p.m.

No late registrations permitted

Monday through Thursday

(Friday reserved for make-up class if needed)

The Parks & Recreation Department reserves the right to cancel any classes with an enrollment of less than 6 participants. Every attempt will be made to accommodate all participants by combining classes.

Minnows: (Pre-School & Toddler Aquatics): **Parents must go into the water with their child**

Course Time: 11:15 a.m. to 11:45 a.m.
Children ages 3, 4, 5
12:00 p.m. to 12:30 p.m.
Children ages under 3

SESSION 1- # 011 **June 19, 20, 26, 27**

#012 (3 & UNDER)

SESSION 2 - # 021- **July 10, 11, 17, 18**

#022 (3& UNDER)

Class Fee: Resident \$32.00 Non-Resident \$72.00
Recreation ID Card is required for parents or child.

Water Aerobics:

Course Time: 11:30 a.m. to 12:30 p.m.
Dates: JUNE 19, 26, JULY 3,10,17,24,31
AUGUST 7, 14, 21
Class Fee: **\$36.00** plus Recreation ID Card

PARKS AND RECREATION DEPARTMENT **OFFICE HOURS**

The Parks and Recreation Department Office is open Monday through Friday from 8:30 a.m. to 4:45 p.m. year round. The office will be open on Saturday June 12th and Sunday June 13th from 12:00 p.m. to 5:00 p.m. for purchasing passes, and swimming lesson registration. Beginning on Monday, June 14th the office will be open every night until 7:00 p.m. Note that on the days the pool closes early due to weather, the office will close accordingly. Please call the office at **(216) 475-7272** for information, or see our web site at www.garfieldhts.org. We accept Visa and Master Card.

MUNICIPAL RECREATION PROGRAM FEES

A RECREATION IDENTIFICATION CARD **MUST BE PURCHASED TO PARTICIPATE IN ANY PROGRAM.** CARDS ARE GOOD FROM MARCH 1ST, 2010 THROUGH THE END OF THE 2010/2011 SKATING SEASON. THE PURCHASE OF ONE CARD PER PERSON IS NECESSARY EACH YEAR. NON – RESIDENT IDENTIFICATION CARDS MAY ONLY BE PURCHASED IN CONJUNCTION WITH SIGN-UP FOR A RECREATION SPONSORED PROGRAM AND MAY NOT BE PURCHASED INDEPENDENTLY. **RECREATION ID CARD AND SEASON PASSES FOR CHILDREN UNDER 18, MUST BE PURCHASED BY A PARENT OR LEGAL GUARDIAN.**

RECREATION IDENTIFICATION CARDS

PROOF OF RESIDENCY FOR ALL RESIDENTS REQUIRED – TWO (2) CURRENT UTILITY BILLS.

Resident \$10.00 Non Resident \$35.00

ADMISSION WITH IDENTIFICATION CARD

Student, 5 to 17 yrs.	\$3.00
Adult, 18 to 59 yrs.	\$5.00
Non Resident Guest (one per adult resident)	\$6.00
Senior Adult, 60 and older	Free
Children 4 and under with paying adult	Free

SWIMMING SEASON PASS

(Residents must provide 2 Proofs of Residency)

Student, 17 and under Resident	\$30.00
Student, 17 and under Non-Resident	\$150.00
Adult, 18 and older Resident	\$45.00
Adult, 18 and older Non-Resident	\$180.00
Family Pass Resident	\$90.00
Family Pass Non-Resident	\$360.00
Learn to Swim Resident	\$32.00
Learn to Swim Non-Resident	\$72.00

Family Pass includes mother, father and all children under 18 years of age.

LEARN TO SWIM LEVELS

The American Red Cross Learn to Swim Program provides instruction to help swimmers of all ages and abilities develop their swimming and water safety skills. It is designed to give students a positive learning experience.

Learn to Swim teaches aquatic and safety skills in a logical progression. The objective is to teach people to swim and to be safe in, on and around the water.

The six Learn to Swim Levels and the objectives for each level include:

Level 1

Introduction to Water Skills: Helps students feel comfortable in the water and to enjoy the water safety.

Level 2

Fundamental Aquatic Skills: Gives students success with fundamental skills

Level 3

Stroke Development: Develops confidence in the strokes learned and to improve other aquatic skills.

Level 4

Stroke Improvement: Develops confidence in the strokes learned and to improve other aquatic skills.

Level 5

Stroke Refinement: Provides further coordination and refinement of strokes

Level 6

Swimming and Skill Proficiency: Refines the strokes so students swim them with ease, efficiency, power and smoothness over greater distances. Level 6 is designed with "menu" options. Each of these focus on preparing students to participate in more advance courses, such as Water Safety Instructor and Lifeguard Training.



LEARN TO SWIM LEVELS, DATES, AND TIMES

LEVEL 1 SESSION 1

JUNE 21 – JULY 1

(Limit 15 per class)

<u>Division</u>	<u>Times</u>
111	11:15 -- 11:45 a.m.
112	12:00 -- 12:30 p.m.
113	7:15 -- 7:45 p.m.

LEVEL 1 SESSION 2

JULY 6 – JULY 15

(Limit 15 per class)

<u>Division</u>	<u>Times</u>
121	11:15 -- 11:45 a.m.
122	12:00 -- 12:30 p.m.
123	7:15 -- 7:45 p.m.

LEVEL 1 SESSION 3

JULY 19 – JULY 29

(Limit 15 per class)

<u>Division</u>	<u>Times</u>
131	11:15 -- 11:45 a.m.
132	12:00 -- 12:30 p.m.
133	7:15 -- 7:45 p.m.

LEVEL 1 SESSION 4

AUGUST 2 – AUGUST 12

(Limit 15 per class)

<u>Division</u>	<u>Times</u>
141	11:15 -- 11:45 a.m.
142	12:00 -- 12:30 p.m.
143	7:15 -- 7:45 p.m.

LEVEL 2 SESSION 1

JUNE 21 – JULY 1

(Limit 15 per class)

<u>Division</u>	<u>Times</u>
211	11:15 -- 11:45 a.m.
212	12:00 -- 12:30 p.m.
213	7:15 -- 7:45 p.m.

LEVEL 2 SESSION 2

JULY 5 – JULY 15

(Limit 15 per class)

<u>Division</u>	<u>Times</u>
221	11:15 -- 11:45 a.m.
222	12:00 -- 12:30 p.m.
223	7:15 -- 7:45 p.m.

LEVEL 2 SESSION 3

JULY 19 – JULY 29

(Limit 15 per class)

<u>Division</u>	<u>Times</u>
231	11:15 -- 11:45 a.m.
232	12:00 -- 12:30 p.m.
233	7:15 -- 7:45 p.m.

LEVEL 2 SESSION 4

AUGUST 2 – AUGUST 12

(Limit 15 per class)

<u>Division</u>	<u>Times</u>
241	11:15 -- 11:45 a.m.
242	12:00 -- 12:30 p.m.
243	7:15 -- 7:45 p.m.

LEVEL 3 SESSION 1

JUNE 21 – JULY 1

(Limit 15 per class)

<u>Division</u>	<u>Times</u>
311	11:15 -- 11:45 a.m.
312	12:00 -- 12:30 p.m.
313	7:15 -- 7:45 p.m.

LEVEL 3 SESSION 2

JULY 5 – JULY 15

(Limit 6 per class)

<u>Division</u>	<u>Times</u>
321	11:15 -- 11:45 a.m.
322	12:00 -- 12:30 p.m.
323	7:15 -- 7:45 p.m.

LEVEL 3 SESSION 3

JULY 19 – JULY 29

(Limit 15 per class)

<u>Division</u>	<u>Times</u>
331	11:15 -- 11:45 a.m.
332	12:00 -- 12:30 p.m.
333	7:15 -- 7:45 p.m.

LEVEL 3 SESSION 4

AUGUST 2 – AUGUST 12

(Limit 15 per class)

<u>Division</u>	<u>Times</u>
341	11:15 -- 11:45 a.m.
342	12:00 -- 12:30 p.m.
343	7:15 -- 7:45 p.m.

LEVEL 4 SESSION 1

JUNE 21 – JULY 1

(Limit 15 per class)

<u>Division</u>	<u>Times</u>
411	11:15 -- 11:45 a.m.
413	7:15 -- 7:45 p.m.

LEVEL 4 SESSION 2

JULY 6 – JULY 15

(Limit 15 per class)

<u>Division</u>	<u>Times</u>
421	11:15 -- 11:45 a.m.
423	7:15 -- 7:45 p.m.

LEVEL 4 SESSION 3

JULY 19 – JULY 29

(Limit 15 per class)

<u>Division</u>	<u>Times</u>
431	11:15 -- 11:45 a.m.
433	7:15 -- 7:45 p.m.

LEVEL 4 SESSION 4

AUGUST 2 – AUGUST 12

(Limit 15 per class)

<u>Division</u>	<u>Times</u>
441	11:15 -- 11:45 a.m.
443	7:15 -- 7:45 p.m.

LEVEL 5 SESSION 1

JUNE 21 – JULY 1

(Limit 8 per class)

<u>Division</u>	<u>Times</u>
511	11:15 -- 12:00 p.m.
513	7:15 p.m. – 8:00 p.m.

LEVEL 5 SESSION 2

JULY 6 – JULY 15

(Limit 8 per class)

<u>Division</u>	<u>Times</u>
521	11:15 -- 12:00 p.m.
523	7:15 p.m. – 8:00 p.m.

LEVEL 5 SESSION 3

JULY 19 – JULY 29

(Limit 8 per class)

<u>Division</u>	<u>Times</u>
531	11:15 -- 12:00 p.m.
533	7:15 p.m. – 8:00 p.m.

LEVEL 5 SESSION 4

AUGUST 2 – AUGUST 12

(Limit 8 per class)

<u>Division</u>	<u>Times</u>
541	11:15 -- 12:00 p.m.
543	7:15 -- 8:00 p.m.

LEVEL 6 SESSION 1

JUNE 21 – JULY 1

Limit 8 per class)

<u>Division</u>	<u>Times</u>
611	11:15 -- 12:00 p.m.

LEVEL 6 SESSION 2

JULY 5 – JULY 15

(Limit 8 per class)

<u>Division</u>	<u>Times</u>
621	11:15 -- 12:00 p.m.

LEVEL 6 SESSION 3

JULY 19 – JULY 29

(Limit 8 per class)

<u>Division</u>	<u>Times</u>
631	11:15 -- 12:00 p.m.

LEVEL 6 SESSION 4

AUGUST 2 – AUGUST 12

(Limit 8 per class)

<u>Division</u>	<u>Times</u>
641	11:15 -- 12:00 p.m.