



HOLIDAY GRAB BAG *FITNESS CLASSES*



- You choose which classes to attend according to your “hectic” holiday schedule. One low fee covers any and AS MANY classes you want to take!
- Choose from Cardio, Strength Training, or Step Aerobics classes offered throughout the week and on Saturday mornings
- *This “Holiday Package” is only offered once a year, so take advantage of it and try all of our classes.*

Class Days & Times

- **Tuesdays – 6:00 pm – 7:00 pm**
Cardio Fitness
- **Tuesdays – 7:15 pm – 8:15 pm**
Strength Training
- **Saturdays – 8:30 am – 9:30 am**
Step Aerobics
- **All classes are held at Garfield Heights Fire Station #1, 5115 Turney Road (McCracken Rd. entrance)**



SPECIAL SESSION DATES

- **This session begins on Tuesday, November 15th and running through December 31st with the exception of no classes on November 24th Thanksgiving Day, Saturday December 24th Christmas Eve, and Saturday December 31st New Years Eve.**

Registration & Fees

- **Fees - \$42.00 for as many classes as you want to take!**
- **Current ID cards required**
 - \$10.00 for residents**
 - \$35.00 for non-residents**



Sign up at the Dan Kostel Recreation Center before November 15th at 5411 Turney Road, Garfield Heights. Pre registration and payment is required in advance.

OFFICE HOURS AND CONTACT INFORMATION

Office Hours: Monday 8:30 am – 4:30 pm
Tuesday 8:30 am – 6:30 pm
Wednesday 8:30 am – 7:30 pm
Thursday 8:30 am – 6:30 pm
Friday 8:30 am – 4:00 pm
Saturday – 11:00 am – 1:00 pm



The office is open additional hours during the skating season in conjunction with the skating activities – Call 216-475-7272 – press option #5 after hours for additional times & cancellations. These hours are subject to changes.